



*Training on A-Frame technology for Contouring to control soil erosion*

Deciding on the mode of intercropping

- ☞ Adopting erosion control measures (vetiver grass, contouring, ...)
- ☞ Integration of multipurpose and fast growing trees (leguminous/nitrogen fixers, bee loving, fruits, spices, etc)
- ☞ General farm preparations
- ☞ Field planting and management

### Step 5. Bee Farming Practices

- Introduction of bee farming activities
- Construction of beehives
- Apiary development
- Placement of hives
- Management, harvesting, processing, packaging

### Step 6. Harvesting, Processing & Marketing

- Plantains/bananas and plantlets
- Tree seedlings (plus fruits, timber, ornamen-

- tal, etc)
- Medicinal plants (barks, roots and leaves)
- Honey

A Bunch of PHIA 25: an improved Variety of IITA



*Plantlets for field planting*

# IMPROVED FRUIT TREE SEEDLINGS

## READY FOR PLANTING AT NDEF'S TREE NURSERY

**GRAFTED, MARCOTTED AND SEEDLINGS**

**CALL OR WHATSAPP US ON: 677771977 OR 677232767**

### Location of NDEF

From Mile 8 Mankon (White House), follow road above Muwatsu (or Wum) Park until after the Gate of IRAD Mankon (800m from White House).



# NDEF

National Development Foundation

Near IRAD, Mile 8 Mankon, Bamenda

**Telephone:** 677 77 19 77  
677 23 27 67  
655 59 65 78

**Whatsapp:** 677 77 19 77  
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**X:** @ndefcameroon

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**Google Maps:** www.google/maps/7j9NLNMuqzH2

**E-mail:** ndefcameroon@yahoo.com

*We support farmers to plant grafted fruit trees and other tree species in their farms and yards to reap multiple streams of benefits from agroforestry*

# A Proactive Road Map to work with Farmer Groups

## Objective

Farmer groups are empowered and they use acquired skills to increase farm incomes and improve livelihoods following the adoption of sustainable agricultural practices.

## Step 1. Technical Support

### Domains of Trainings:

- i) Rapid Propagation Techniques for high value tree species: using vegetative propagation methods of grafting, marcotting and rooting of cuttings. They bear fruits in 2-3 years.
- ii) Rapid Multiplication of clean and disease-free Banana and Plantain plantlets
- iii) Bee farming practices



*Farmers practise the technique of grafting*

## Vision of NDEF

NDEF is looking up to that society wherein small scale farmers are effectively generating multiple returns from their agricultural activities and using such streams of benefits to sustain their nutrition, health, socio-economic development and the general wellbeing of their families.

## Mission Statement

NDEF works to empower smallholder farmers to use improved technologies and sustainable practices in agriculture to reduce the vulnerability of their households to food, health and income insecurities while ensuring a sound environmental management

## Core Objectives

- To provide support to rural communities in realizing their aspirations, in particular the alleviation of poverty and the improvement of livelihoods and life opportunities.
- To provide support that is consistent with the long-term objectives of local, national and international communities, entailing awareness and promotion of sustainable solutions, both for communities and their environments.
- To promote agricultural value chain models, contract farming and agribusiness development for wealth creation.



*Training on bee farming activities*

## Step 2. Managerial Support

### Domains of Trainings::

- i) Group Management or Dynamics
- ii) Accounts/Record keeping
- iii) Basic Marketing Principles

## Step 3. Tree Nursery Development

1. Trainees from NDEF workshops use acquired techniques to work with their group members to establish a central nursery for the group (i.e. from where they will get good planting materials for field planting or for sale).
2. NDEF follows up to be sure that it is done well. A plan to follow up progress is drawn up with the group which defines respective tasks to be completed by Group and NDEF before next visit.

## Step 4. Farm Establishment

Planning on the set up of the farm

Choosing interested varieties